

# Crosslake Communiqué

April 2016



## Go Green and Save Green With Online Bill Pay

When you switch from paper to electronic statements and payments, you help conserve trees and save yourself the expense of mailing checks. To sign up for Online Bill Pay, go to [www.crosslake.net](http://www.crosslake.net) or call us at 218-692-2777 today.

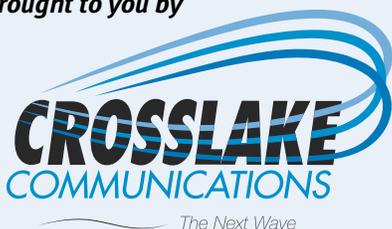
### Crosslake Communications

35910 County Road 66  
PO Box 70  
Crosslake, MN 56442  
218-692-2777  
[www.crosslake.net](http://www.crosslake.net)

### Office Hours:

Monday–Friday 8 am – 4:30 pm  
For help with service problems during non-business hours, please call 218-692-2777 or 800-992-8220. A live answering service may dispatch a technician.

Brought to you by



## DVR Service Puts You in Control

You don't have to be a slave to the TV schedule anymore. DVR (Digital Video Recorder) service from Crosslake Communications lets you watch what you want, when you want. With DVR service, you keep up with all of your activities and still not miss your favorite shows. It makes it quick and easy to automatically record any show that airs on Crosslake Communications' cable service. Then whenever it's a good time to watch, these programs will be waiting for you to enjoy. Record one episode or an entire season — it's up to you.

DVR service also enables you to:

- Pause, rewind, and slow-motion instant replay the action during live telecasts such as sporting events.
- Watch one show while recording another. For example, you can watch the big game as it happens while recording the season finale of a TV drama to watch later.
- Pause live TV to answer the phone or go to the door to get the pizza you ordered.
- Save time by fast-forwarding through recorded programming that doesn't interest you.

Make TV viewing much more fun and more convenient. Add DVR service to your Crosslake Communications' cable subscription for a nominal monthly rate. For complete details, call Crosslake Communications at 218-692-2777.





## Customer Proprietary Network Information Notice

Crosslake Communications respects the privacy of all our customers and our employees protect information that may be found in customers' account records. In order to help ensure our customer information is adequately protected, the Federal Communications Commission (FCC) developed new rules in 2007 which require certain steps to protect Customer Proprietary Network Information (CPNI).

The FCC determined we may release information over the telephone only under the following three circumstances:

- 1) Crosslake Communications may release call detail information if the customer provides us with a pre-established password.
- 2) Crosslake Communications may, at the customer's request, send call detail information to the customer's address of record.
- 3) Crosslake Communications may call the telephone number of record and disclose call detail information and Crosslake Communications may disclose non-call detail CPNI to a customer after customer is verified.

The FCC has stressed that a telephone company must take reasonable measures to discover and protect against attempts to gain unauthorized access to CPNI. Crosslake Communications must properly authenticate a customer prior to disclosing CPNI based on customer-initiated telephone contact, online account access, or an in-office visit.

If you have any questions regarding the CPNI rules, or if you have questions regarding your account CPNI information, please feel free to call our office at 1-800-992-8220 or 218-692-2777.

## Lifeline Offers Phone Discounts

To assist qualified customers in obtaining and maintaining local telephone service, discount assistance programs are available through Crosslake Communications.

- Temporary Assistance for Needy Families (TANF)
- Additional eligible criteria may apply to residents of federally recognized tribal lands.

Lifeline, a government program, provides eligible customers with a monthly discount on charges for their primary home phone line. Crosslake Communications telephone service is a Lifeline supported service.

If you are not on one of the above programs, but your income is at or below 135 percent of the Federal Poverty Guidelines, you may also apply for and receive the discount.

An individual is eligible if he or she participates in one of the following programs:

- Federal Public Housing Assistance/Section 8
- Supplemental Nutrition Assistance Program (SNAP)
- Medicaid/Medical Assistance
- Low Income Home Energy Assistance Program (LIHEAP)
- Supplemental Security Income (SSI)
- National School Lunch (free program only)

Household Size	Total Income
1	\$16,038
2	\$21,627
3	\$27,216
4	\$32,805
5	\$38,394
6	\$43,983
7	\$49,586
8	\$55,202
For each additional person, add \$5,616.	

For more information, to request an application, or to determine whether or not you qualify, call Crosslake Communications at 218-692-2777.

## Call 811 Before Beginning Outdoor Projects

Spring is here, and with it comes a variety of landscaping projects. Whether you're adding trees and shrubs, installing a deck, or putting up a new fence, Crosslake Communications reminds you to pick up your phone before you pick up your shovel.

Call 811 a few days prior to doing any work, and a representative will route your request to local utility companies, who will mark the location of any underground lines on your property.

Making this call to 811 isn't just a recommendation; it's the law. Digging without knowing where underground lines are could cause injuries or interrupt services to your entire neighborhood. You could even incur fines and repair costs.

As one of your local service providers, Crosslake Communications thanks you in advance for your cooperation.





# Crosslake *Communiqué* CITY NEWS

[www.cityofcrosslake.org](http://www.cityofcrosslake.org)

## Crosslake Area Library

Our Legacy event for this month is MN author Brian Freeman.

He is an international best-selling author of psychological suspense novels. His books have been sold in 46 countries and 20 languages and have appeared as Main Selections in the Literary Guild and the Book of the Month Club. His seventh novel, *SPILLED BLOOD*, won the award for Best Hardcover Novel in the annual Thriller Awards presented by the International Thriller Writers organization, and his fifth novel, *THE BURYING PLACE*, was a finalist for the same award. His sixth novel, *THE BONE HOUSE*, was a finalist for Best Audiobook of the Year in Thriller/Suspense. **Please join us Thursday, April 28 at 1:30 pm for a special book talk and book signing with Brian Freeman.**



Now through September, we will be looking for a few more volunteers to help out. We offer a flexible schedule to fit any lifestyle. Shifts are usually three hours per week in the morning or afternoon. Duties are checking materials in and out, processing items to be shelved, shelving materials, or helping out with the children's programs. If you are

interested, please come in and visit with Kim Larson or call 218-692-7323. Preschool Story Hour continues on Thursdays at 10 am.

## Monthly Safety Tips

*Robert Hartman, Police Chief*

The month of April normally means fairly good pan fishing, but it also means the ice gets even more treacherous. As everyone should know, there is no such thing as completely safe ice. Please be alert to altering ice conditions, especially now when the ice begins to honeycomb and weak spots can cause an ice bath of deadly consequences.

## Mayor's Report

*Steve Roe, Mayor*

Winterfest and St. Patrick's Day have come and gone, and spring is just around the corner. Crosslake is the place to be, work, and play.

City business is progressing very well. We are reviewing sewer plant revisions and upgrades. Ted and his staff continue to operate the plant in an award-winning manner. The Dream Island Bridge project continues to make progress. Polling locations for the upcoming elections have been combined at the Community Center; still two precincts, but in separate rooms.

Building season is very near. Please check with Planning & Zoning at City Hall for infor-

mation relative to your projects. Zoning Permits may be required and normally the process is not complicated.

## Economic Development

*Patty Norgaard, EDA President*

In a few short months, we will be in full-time summer swing. Seasonal residents will be back, our campground and motels will be full, and tourists on bikes, boats and walkers will be enjoying the gorgeous Whitefish Chain of Lakes.

While Crosslake certainly had a busy winter season with huge numbers turning out for Winterfest and St. Patrick's Day, it's now time to do our best "summer dress" and welcome with extraordinary hospitality all the visitors, tourists and seasonal residents who come to enjoy Crosslake. Tourism is a very large part of our economy, so we cannot take for granted the value they play in supporting our businesses, restaurants, bars and places of worship.

Let's all work together to make Crosslake a beautiful place this summer. Keep our streets and sidewalk areas clean and neat. Pick up any litter. Hang or plant flowers around your place of business. And volunteer at the Campground and the Community Center to help keep their gardens in tip-top shape for all to enjoy.

Put a smile on your face and say, "Welcome to Crosslake!"

## Parks and Library (PAL) Foundation Update

The Crosslake Park and Library Foundation would like to help the Park Department in recruiting volunteers to help maintain our beautiful patio garden, which is located outside the Crosslake Area Library. The PAL Foundation, with the assistance of volunteers and various donors, created the patio garden eight years ago. It's one of the most popular places in the Crosslake Community Center Park. The patio features wireless Internet, beautiful flowers, a covered pergola, a peaceful waterfall and many fish. Currently we have two to three faithful volunteers that dedicate up to 20 hours per week to maintain this area. These volunteers work very long hours to keep the garden looking great. Our goal is to bring on as many volunteers as possible to reduce the amount of time per person that is needed to maintain this wonderful area. Treats and coffee are provided during our weekly meeting time. If you like gardening or would like to learn more about gardening while giving back to your community, this might be a perfect fit for you.

Whether you can volunteer once a summer, once a month or once every week, your assistance would be greatly appreciated. Help us to maintain and expand this wonderful resource and become part of the Crosslake Park and Library Volunteer Team. Contact Park Director Jon Henke by phone at 218-692-4271 or send an email to [jon.henke@crosslake.net](mailto:jon.henke@crosslake.net)



# Crosslake Parks and Recreation



To register or receive more information on park or library programs, please contact the Community Center at 218-692-4271 or the Library at 218-692-7323. You can also log into the City website ([www.cityofcrosslake.org](http://www.cityofcrosslake.org)) and click the programs and activities tab or find us under the departments tab.

## Adult Fitness Activities

### Open Gym

Hours vary; stop by for a schedule.

### Crosslake Walkers & Talkers

The Community Center gym is open Monday – Friday, 8 – 9 am for walking.

### Yoga

“Yoga with Gail,” Tuesdays, 10 – 11:30 am.

### Introduction to Qigong

Looking for a fun and easy way to be healthier? Ready to experience new relaxation methods? Or, do you simply want to revitalize your meditation practice? If you answered “yes” to any of these questions, Qigong may be for you. Join instructor Julie Guth, a long-time area resident, who has been practicing and teaching T'ai Chi and Qigong in various forms in the Brainerd Lakes area for 17 years. The Introduction to Qigong class gives you the opportunity to learn and practice sitting, standing, and moving forms of Qigong. **It will be offered Thursday, April 28 at the Crosslake Community Center. Choose either 10:30 – 12:30 am or 6:30 – 8:30 pm. Class Fee: \$30 (Payable to Dragonfly Healing Arts). Registration Forms are available at the Community Center Registration and payment due April 18, 2016.** Contact Julie at [dragonflyha@live.com](mailto:dragonflyha@live.com) or 218-838-0097 for details.

### Community Center Fitness Room

The Community Center offers an array of fitness equipment and the fitness room is open to everyone 15 and older. Day passes and memberships are available at the front desk, as a 10-Day Pass punch card. Discounted rates given for Veteran's memberships. Ask about fitness incentive programs for Blue Cross/Blue Shield of MN and ND, Preferred One, Health Partners, South Country Health Alliance and Medica.

### Pickleball Mixer

We've added a third session; now available Tuesdays and Wednesdays, 1:30 – 3:30 pm, Fridays, 9:30 – 11:30 am. Learn the basics, meet other players and enjoy this popular sport. Annual membership fee is \$30. Day passes are also available.

### Pickleball Private Rentals

Rent an inside court Thursdays, 1 – 3 pm. \$10/hr, reservations required in advance of play by calling 218-692-4271. Outside equipment rental is based on court availability. Fee is \$10/hr per set; Spring-Fall only.

### Adult Volleyball

Join us for competitive volleyball Wednesday evenings starting at 6:15 pm. A new session is scheduled to begin April 6 and continues through May 25. Memberships and day passes are available.

## Senior Programs

### Senior Nutrition Site

The Community Center is the site for the Senior Nutrition program Monday – Friday. Lunch is served at 11:30 am. For reservations, call 218-692-4271 by 4 pm the business day prior to your meal. Deliveries are also available to home-bound individuals in the Crosslake area.

### SilverSneakers® Program Offerings: Classic Class

Mondays and Wednesdays, 10:30 – 11:15 am. Have fun and move to the music through a variety of exercises designed to increase muscular strength, range of movement and activities for daily living.

### SilverSneakers® Circuit Class

Tuesdays and Thursdays, 9:30 – 10:15 am. Combine fun with fitness to increase your cardiovascular power and muscular endurance with a standing circuit workout.

### SilverSneakers® Yoga Stretch

Mondays and Wednesdays, 9:30 – 10:15 am. This popular class will move your whole body through a series of seated and standing yoga poses. As with all the SilverSneakers classes, a chair is used for support, stretching, and relaxation exercises. Classes are free to all eligible SilverSneakers members. Non-members may purchase a \$28 punch card, good for 8 classes, or a day pass for \$4/class.

### Silver&Fit

Silver&Fit is designed to help older adults achieve better health through regular exercise and health education. Silver&Fit provides eligible members with no-cost or low-cost fitness memberships through arrangements with some health plans. Silver&Fit is provided by American Specialty Health Fitness, Inc., a subsidiary of American Specialty Health, Inc. If your health plan offers Silver&Fit and you would like more information about the Crosslake Community Center, contact the Community Center office at 14126 Daggett Pine Road, or call 218-692-4271. You may also visit [www.SilverandFit.com](http://www.SilverandFit.com). Silver&Fit is a federally registered trademark of American Specialty Health Incorporated.

## Education

### AAA Driver Safety Program

The Minnesota Highway Safety and Research Center and AAA are sponsoring driver safety classes at the Community Center. An 8-hour course for first-time students will be held: Wednesday and Thursday, May 4 and 5 from 9 am – 1 pm each day. The following 4-hour

refresher courses for repeat students are being offered: Thursday, April 7 from 9 am – 1 pm and Thursday, May 12 from 9 am – 1 pm. To register, call AAA at 888-234-1294.

### Crosslake Chautauqua

Watch for information on the upcoming 2016 season beginning May 11.

### Crosslake Book Club

The Crosslake Book Club has openings for new members during the 2016 reading season. It meets from 10 – 11 am on the third Friday of every month April through November at the Crosslake Community Center. The 2016 season will begin at 10 am on April 15 when members will discuss *The Boys in the Boat* by Daniel James Brown. During the April meeting, the books for the rest of 2016 will be selected.

## Upcoming Events

Please call 218-692-4271 for further information on upcoming events.

## Community Center Announcements

### Picnic Shelter

Reservations are now being accepted for shelter rentals through mid-October, weather permitting. Make reservations early to secure your date.

### Tax Help Program

The Crosslake Community Center will once again be hosting the AARP Tax Help Program. Appointments are available Wednesday and Thursday mornings from 8 am until noon (no walk-ins) through April 14. To schedule your appointment, please call 218-692-4271.

## Community Center Clubs Calendar

Art Club.....	April 4, 1 pm
Woodcarvers.....	April 5, 12, 19, 26, 1:30 pm
Railroad Club.....	April 11, 1 pm
Garden Club.....	April 20, 1 pm
Book Club*.....	April 15, 10 am
Bridge.....	April 1, 8, 15, 22, 19, 1 pm
Mah Jongg.....	April 7, 14, 21, 28, 1 pm

\*The Book Club selection for April is *The Boys in the Boat* by Daniel James Brown.

### Community Center Hours • 218-692-4271

Monday through Thursday, 5 am – 9 pm  
Friday, 5 am – 7 pm  
Saturday, 8 am – 4 pm  
Sunday, 8 am – 4 pm

### Library Hours • 218-692-READ (7323)

Monday, Wednesday, Thursday,  
Friday, 10 am – 4 pm  
Tuesday, 10 am – 6 pm  
Saturday, 10 am – 1 pm